



Welcome to the Jordan Springs Public School Kindergarten Orientation Session 3





Acknowledgement of Country



Kindergarten Orientation Session 3 Outline



- Best Start – Mrs Bernard
- Day 1, 2024 at JSPS – Mrs Bernard
- School Counsellor – Ms Tzanis
- In School Therapy – Ms Scott



Best Start at JSPS

With Mrs Bernard

What is the Best Start Kindergarten Assessment?



- Best Start Kindergarten Assessment identifies student's literacy and numeracy skills on entry to Kindergarten.
- All NSW Kindergarten students complete the literacy and numeracy assessment in the first 5 weeks of school.
- It has been conducted in all NSW public schools since 2010.
- The assessment is mapped to the National Literacy and Numeracy Learning Progressions.
- The assessment is conducted in line with existing school practices and builds upon teaching and learning programs that support student learning in school.



Best Start 2024



The Best Start Kindergarten Assessment will take place at our school **prior to your child's official first day in Term 1, 2024.**

This assessment will take place from **Thursday 1 February 2024 to Tuesday 6 February 2024,** at Jordan Springs Public School. Please enter via the Cullen Avenue gates and follow the signs to the school library where the assessment will take place.

The assessment will be conducted by one of our 2024 Kindergarten teachers. The assessment will take approximately 45 minutes to complete.

You will be given your Best Start appointment time via Email before the next Orientation session in Week 8. A lot of organisation goes into this process so unfortunately your child's Best Start appointment time can't be rescheduled unless in extenuating circumstances.



With Mrs Bernard

First Day 2024

School Starts
Thursday 8th
February 2024



All Kindergarten students will enter the school from the front gate located on Cullen Ave.

There will be a staggered start on the first day from 9:00am.

More information will be communicated through an email which you will get toward the end of term.

School Operating Times Kindergarten-Year2	8:55am – 2:55pm
Morning Supervision	8:25am -8:55am
Morning Session	8:55am - 10:55am
Recess	
Playtime	10:55am – 11:25am
Middle Session	11:25am – 1:25pm
Lunch	
Playtime	1:25pm - 1:55pm
Afternoon Session	1:55pm – 2:55pm
School Office Hours	8:25am – 3:15pm

**Regular school times start
from Monday 12th February**

Red Carpet Arrival



As you arrive you will be directed down the grand entrance at the front gate. There will also be a balloon arch in which you will be provided with opportunities to take photographs of your child as they enter the school. We understand that you would like to celebrate and remember these special moments and would appreciate your patience as we endeavor to get all students through the gate.

Administration Station



This will be your first port of call. You will go to the administration station upon arrival, sign your child in and place the lanyard/name tag on your child.

If you need to finalise any enrolment documentation you are asked to bring these documents with you and provide them to the administration staff.

Some documents you may still need to supply include;

- 100 point residential check
- Original Birth Certificate (for the office to copy)
- Health Care Plans – ASCIA plans for Anaphylaxis/Allergy, Asthma Plans
- Medication (prescription only, please complete the Request for Support at School for a Students Health Condition Form)
- Immunisation Certificates
- Legal documents or court orders
- Visa/Citizenship or Passports (for parents born outside of Australia)

Home Time

Students will be escorted to the basketball courts and seated according to their temporary class names for you to collect. Parents will be able to collect their child from 1:55pm.

Normal school pick up times (2:55pm) will begin from Monday 13th February, 2023.



OSHClub

Students attending OSHClub will not need to be picked up at 1:55pm. They will be collected by an OSHClub staff member from their kindergarten homebase at 2:55pm and taken to their meeting point at the school flags.

Term 1, Day 2, 2024



From Friday 9th February 2023, regular morning school hours will resume, and students may arrive from 8:25am via the front gate on Cullen Ave or the back gate on Lakeside Parade.

The bell to indicate the start of class time will begin at 8:55am and students will move to the basketball court to line up

Students choosing to ride their bicycle or scooter must have a helmet and will be asked to store their bicycle or scooter in the bicycle storage located near the back gate. Students must walk their bicycle or scooter to the bicycle rack once on school grounds.

On Friday the 9th of February School will finish at 1:55pm for Kindergarten.

Normal school pick up times (2:55pm) will begin from Monday 13th February, 2023.



Kiss and Drop

Kiss and Drop Zones are designed for your convenience and for your child's safety. They are designed for quick entry and exit, these zones minimise congestion and risk when used correctly by all parents and carers. These zone operate under the same conditions as no parking zones, which means you may stop to drop off or pick up children for a **maximum of 2 minutes**. You are required by law to remain in, or within 3 meters of your vehicle.

At JSPS, teachers provide a service to the community by assisting in the flow of traffic and ensuring your child is ready to be collected. This is not a mandate by the DoE.

We do **NOT** recommend that students in Kindergarten use the kiss and drop zone in the first semester. We strongly encourage parents to enter the school grounds to collect their child from their designated collection point.

The area is regularly patrolled by both Police and Parking Rangers and the school takes no responsibility for any fines issued.



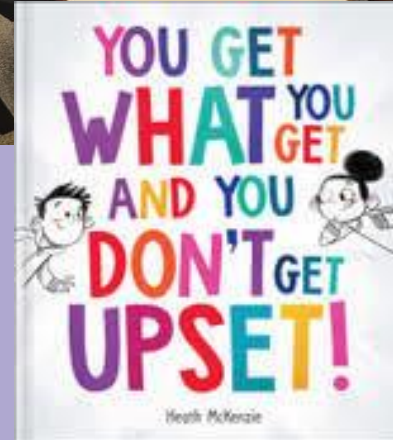


With Mrs Bernard

What to Expect.... Social and Behavioural Development

What you can encourage...

- Playing with friends
- Sharing with others
- Taking turns in games or activities (not always be in charge)
- Learning how to lose with grace
- Use their words to communicate their feelings
- Separate family independently
- Following directions
- Cope with small upsets during the day to build resilience.



What to Expect.... Developing Independence

- **Toilets and toileting expectations.** Please ensure that your child is appropriately toilet trained, this includes wiping their own bottom.
- **Spare clothes.** We understand that accidents happen. Please include a change of underwear and a change of clothes for your child.
- **Student independence.** Start to foster those independent self help tasks that will assist your child in making a smooth transition to school. These include your child walking to the gate and classroom. Ensuring your child is responsible for their bag and belongings, managing lunchboxes and the selection of food.



What to Expect.... The first days and weeks

- **Food.** *We can not heat food up for your child, nor can the canteen. Students have the opportunity to eat 3 times over the day. Crunch and Sip, Recess and Lunch. We provide the students with eating time before play time. Your child may go through an adjustment period where they do not eat a lot of food when at school. Please know that this is normal and while we do encourage your child your to eat, we will not force them to.*
- **Labelling belongings.** *Please label everything! You or your child can locate any missing items from lost property which is located at the back of the canteen/office area. Please note that Kindy teachers are not responsible for locating your child's lost property, we will empower your child to do so.*



What to Expect.... The first days and weeks

- **Permission to publish.** *If you have said no to permission to publish, please know that this includes your child performing to the side of any Assembly, receiving awards after the live stream, and having their face blocked out or your child removed from photo's that will be published on the school website and social media.*
- **Communication.** *You may feel a significant decrease of communication from pre-school to a formal education setting. Your child's teacher will be in touch with of there is any crucial information that you need to know.*
- **Extra curricular selections** – *Your child may not be successful during auditions and that is ok. There will be more opportunities in the future.*
- **Sick or unwell.** *If your child is sick or unwell please keep them at home. The sick bay is a temporary place for your child to seek refuge if they are injured or for them to stay if they are unwell while the office staff call you to collect them.*

What to Expect.... The first days and weeks

- **Awards/Power plays** – Our award system is centred around students self identified learning goals.
- **Assemblies and attendance at assemblies.** Currently, our assemblies are live streamed through Facebook, with only students and staff in attendance.
- **Sport and library days** – Your child will receive a note within the first two weeks, informing you of their sport and library days.
- **Accessing additional support** – if we believe your child may have additional learning needs (beyond the scope of teacher support and differentiation within the classroom) we may request a meeting with you to discuss these and the process moving forward..

Advice from our current Kindy Team

Students will engage in lots of new activities throughout the day and they may be very tired so don't be concerned if there are tears at the end of the day.

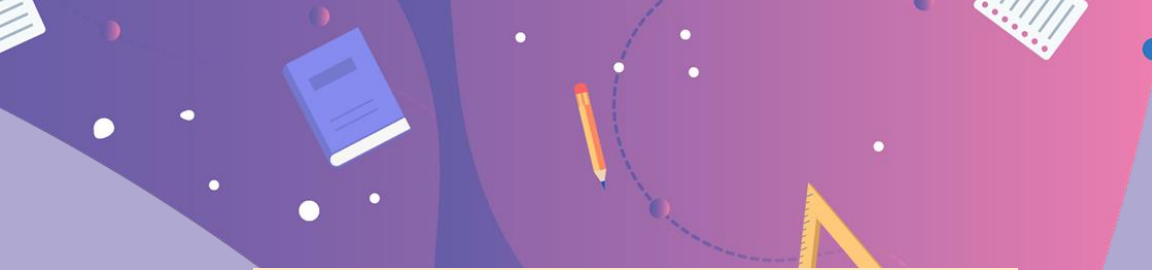
Students do get time to eat but please don't over pack their lunchboxes otherwise they will spend their break times eating and not playing with their friends.

Your child will also be learning to go to the toilets during their play time and not learning time but will be given opportunities at the end of the break to go to assist in their learning of this task.

- *The first day consists of activities, routines, games and songs which allow the students to get to know others in their homebase and their new teacher.*

Miss Honeybrook



A decorative graphic in the top left corner featuring a purple and pink circular background with various school supplies like a blue book, a yellow pencil, a yellow ruler, and a spiral notebook.

Students in kindergarten are learning how to learn. This takes time and support. Please be patient with your child as they navigate their first year of formal education.

Mr Graham



A quick goodbye leaves a dry eye.

It is really important your child knows what their bag, water bottle and lunch box looks like (as well as how to open and close it).

Label everything. Nothing ends up where it should be at the beginning of kinder. Teach your child how to pack their own bag. This can cause a lot of unnecessary frustration and tears if they can not do it.

Do not over pack their lunchbox. Students eat so slowly at the beginning. If you pack a lot of food the kids never get through it and worry they'll get in trouble for not eating it all.

The second day will be harder than the first because they think kinder is a one day event. Don't worry though once they're inside the homebase they end up having the best time and normally only turn the tears on for home time again when they remember they missed mum and dad.

Mrs Pendreigh



Jordan Springs Public School

Please know that a note providing all this information will be forward to your supplied email address in the upcoming weeks.

**THANK
YOU**

Ruflyne Tzanis

School Counsellor





Getting Ready for Primary School

Useful things in the lead up to
kindergarten

Getting on Track Early

Starting school is a big milestone for all children. It is beneficial to prepare children as best we can by establishing good routines.

SLEEP

- 5-8 years need about 10-11 hours sleep a night.
- 9-11 years need around 9-11 hours sleep a night.

READING

- Daily – reading to them or reading to you

PHYSICAL ACTIVITY

- Children aged 5-18 years should do at least one hour of moderate to vigorous physical activity each day. And at least three days a week, this should include activities that strengthen muscles and bones.



Screen Time

Tips for a balanced healthy lifestyle

1. Make rules about screen time use
 - When, Where, How
2. Aim for short screen time sessions
3. Get your child moving, especially outside
4. Imagine and create
5. Encourage play with each other rather than with a device when they are together
6. Avoid screen time before bed
7. Keep screens out of bedrooms
8. Engage in shared screen time experiences
9. Play only games that are developmentally appropriate (G or PG)
10. Children should be supervised when accessing online material



TIPS for what to do when your child is feeling anxious about school...

- ❖ Expect teething issues
- ❖ Read stories / picture books based on school
- ❖ Create a social story about coming to school – use photos of the school, teachers, drop off areas etc
- ❖ Make a visual timetable of your morning routine
- ❖ Practice repeating a social script/positive affirmation on the way to school
- ❖ Make a toolkit – eg, sensory toy, comfort object, snack
- ❖ Co-regulate with your child – e.g., try 5 finger breathing technique – teach them coping skills :)



A photograph of a woman with dark hair and a green top kissing a young girl with dark hair and a blue top on the cheek. The girl is smiling and holding a pink object. The image is set against a purple background with a hexagonal graphic overlay on the left side. The graphic consists of several hexagons, some of which are white and some are purple, arranged in a cluster. One hexagon is outlined in black.

Support for Parents and Carers

Where to go for help when you need
it.

Parent Support Services

Parent Line NSW – 1300 1300 52

- Parent Line is a telephone counselling, information and referral service for parents of children ages 0 to 18 who live in New South Wales.
- Calls are answered directly by a team of trained, professional counsellors. Staff are paid professionals with training in parenting programs and qualifications in social work or psychology.
- Triple P (Positive Parenting Program) is an evidence-based program for parents and is available online for free!!



Raising Children Network

<https://raisingchildren.net.au>

- Australian Government funded website that provides free, up-to-date, evidenced-based, scientifically validated information about raising children and caring for yourself as a parent or carer.
- There are a wealth of resources, including tools and guides that parents and carers access based on their children's age, stage and needs.

A young girl with brown hair in pigtails, tied with blue bows, is smiling at the camera. She is wearing a light blue collared shirt under a tan jumper dress and has a bright pink backpack on. She is holding a green folder. The background is a blurred classroom with other children and a chalkboard.

Top Tips for Starting Kindy

***Establish a support network of parents/carers in your child's grade**

***Children thrive when they are in a regular routine - sleep, exercise and healthy diet**

***Communicate regularly with the school**

Ms Michelle Scott

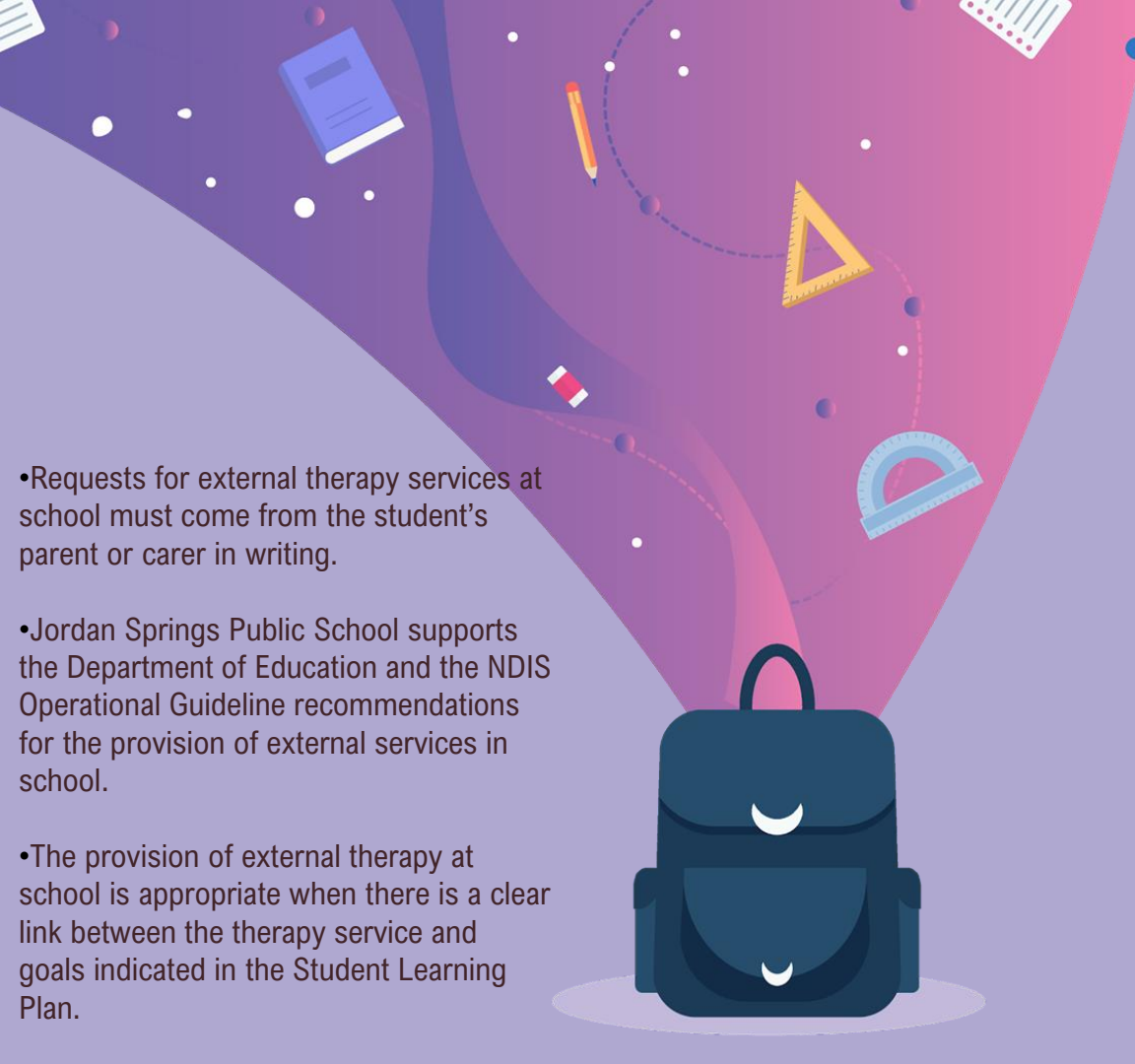
Assistant Principal Support Unit



In School Therapy Process

Meeting the needs of every
student.

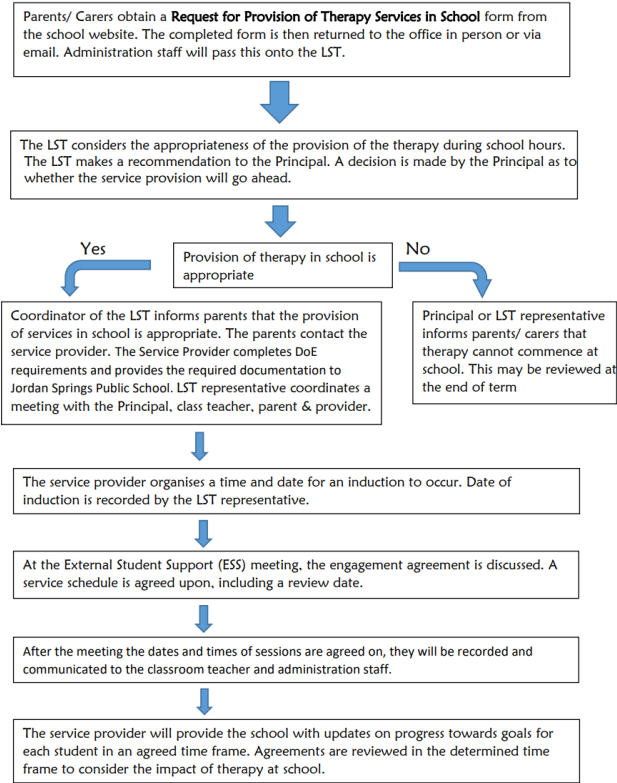




- Requests for external therapy services at school must come from the student's parent or carer in writing.
- Jordan Springs Public School supports the Department of Education and the NDIS Operational Guideline recommendations for the provision of external services in school.
- The provision of external therapy at school is appropriate when there is a clear link between the therapy service and goals indicated in the Student Learning Plan.



Jordan Springs Public School External Service Provider Request Flow Chart





- After making a written request for therapy at school, a meeting will take place between school staff and the parent or carer.
- The meeting may include the service provider.
- When attending the meeting, bring all relevant documents and information, including specialist's reports and NDIS plan.
- Discuss possible days and times with the school for therapy provision.



Jordan Springs Public School

T: 47266 020

E: jordanspr-p.school@det.nsw.edu.au

[About our school](#)

[Supporting our students](#)

[Learning at our school](#)

[Kindergarten 2023](#)

[Uniform](#)

[P&C](#)

[Notes](#)

[Contact us](#)



T: 47266 020

E: jordanspr-p.school@det.nsw.edu.au

[About our school](#)

[Supporting our students](#)

[Learning at our school](#)

[Kindergarten 2023](#)

[Uniform](#)

[P&C](#)

[Notes](#)

[Contact us](#)



Supporting our students

[Student health and safety >](#)

[Parents, carers and the community >](#)

[Inclusive learning support >](#)

[Help with homework >](#)

[Homework at JSPS >](#)

[External Providers and School >](#)

In School Therapy Requests

Jordan Springs Public School

Please know if you have any questions concerning access to therapy at school, do not hesitate to contact the school.

**THANK
YOU**



UNTIL NEXT TIME....

**Session 4 –Wednesday 29^h
November**

**Meet and Greet Session for
Families**

Teddy Bears Picnic



**Performance by our Musical
Theatre group**



Scan here to fill out our Feedback form



Thank you for joining us!